

weekly routine

CHECKLIST FOR KIDS

*enjoy checking off each day's tasks and
celebrate with a small treat at the end of the week!*

before bed

BATH TIME

S M T W T

STOW DIRTY CLOTHES

S M T W T

BRUSH TEETH

S M T W T

CHECK NAILS+EARS

S M T W T

COMB HAIR

S M T W T

LAY OUT CLOTHES

S M T W T

READING

S M T W T

BATHROOM

S M T W T

NIGHTY NIGHT!

S M T W T

S M T W T

S M T W T

before school

MAKE THE BED

M T W T F

EAT BREAKFAST

M T W T F

BRUSH TEETH

M T W T F

GET DRESSED

M T W T F

PUT AWAY PJS

M T W T F

BRUSH HAIR

M T W T F

LUNCH + BAG

M T W T F

OFF TO SCHOOL

M T W T F

M T W T F

M T W T F

M T W T F

after school

PUT AWAY SHOES

M T W T F

WASH HANDS

M T W T F

CLEAN LUNCHBOX

M T W T F

CHECK PAPERS

M T W T F

HOMEWORK

M T W T F

SNACK

M T W T F

READING

M T W T F

ACTIVITY + PLAY

M T W T F

DINNER TIME!

M T W T F

M T W T F

M T W T F